

Yorkshire Disability Sport Framework

Our role is to

Create an environment and culture to enhance the health and wellbeing of all disabled people in Yorkshire through opportunities in sport and physical activity

With our vision of

Disabled people active for life through sport

We aim to

Increase participation across sport and physical activity

Create a culture of inclusivity

Ensure every disabled person can take part the way they want to

By

Take a collaborative approach to increasing investment

Disabled people driving our collective work

Using research and insight to focus effort

Through

Targeted provision of activity projects and programmes through delivery networks

A knowledgeable, committed and confident workforce

Improved places and facilities to take part

Inclusive marketing and communication to promote and inspire

Greater cooperation between statutory, private and third sector organisations

With actions to

Develop innovative projects to increase participation
Provide a range of sport and physical activity programmes
Create appropriate pathways from local to national levels

Provide a range of training opportunities for the sport and physical activity sector
Give the health and social care sector skills in sport and physical activity
Recruit, train and deploy a committed volunteer workforce

Advocate for inclusive facilities and places
Provide advice and support for funding bids

Develop and implement inclusive marketing plans
Get the message to the right people through innovative targeted communications
Use local role models to inspire people to take part

Clear roles and responsibilities for each stakeholder
Sharing of skills and resources across sectors

Which will lead to

Improved physical and emotional wellbeing

Improvements in education, skills and employability

Improved personal and community resilience

Reduced inequalities

Background

Disabled people are significantly less likely to play sport and be physically active than the population in general. This needs to change. Disabled people should have every opportunity to be as active as non-disabled people. A wealth of evidence shows that an active life is essential for physical and mental health and wellbeing (Public Health England, 2014). Being active at every age increases quality of life and everyone's chances of remaining healthy and independent.

In Yorkshire and Humber there are 996,400 disabled people which is 18.8% of the population. For the purposes of this document the term 'disabled people' refers to people who have a long-standing and limiting disability or illness. These are impairments or health problems that limit or restrict activities in any way, in different areas of life. According to the latest Sport England Mapping Disability research (2016), almost 1 in 5 people in England have a long standing limiting disability or illness and almost 70% of disabled people are aged over 50.

Reason for Framework

A wide range of organisations and individuals across Yorkshire and Humber have a role to play in increasing the sport and activity levels of disabled people. Strong local partnerships are essential in achieving the vision of 'disabled people active for life through sport'. Collaboration and communication play an important part in enabling a joined up approach at local and regional levels. For this reason, a number of sports organisations from across the region have come together to produce the Yorkshire Disability Sport Framework.

The Framework is intended to provide a starting point for all stakeholders in the development of individual organisational strategies and local action plans. It will also help to maximise available resources, avoid duplication and provide collective ownership of the disability sport and physical activity agenda.

Contributions and contacts

Disability Sport Yorkshire - www.fdsso.co.uk

Active Humber - www.activehumber.co.uk

South Yorkshire Sport - www.sysport.co.uk

Special Olympics - www.specialolympicsgb.org.uk

English Federation of Disability Sport - www.efds.co.uk

North Yorkshire Sport - www.northyorkshiresport.co.uk

West Yorkshire Sport - www.wysport.co.uk

Bradford Disability Sport & Leisure - www.bradforddisabilitysports.co.uk

